

活出

复活大能的生命

*Living Out
The Power of The Resurrected Life*

耶稣对她说：「**复活在我，生命也在我。**

信我的人虽然死了，也必复活，
凡活著信我的人必永远不死。你信这话吗？」

Jesus said to her, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live.
And whoever lives and believes in Me shall never die. Do you believe this?"

Joh 约 11:25-26

秘诀!

我已经与基督同钉十字架，现在 **活著的不再是我，**
乃是基督在我里面活著；

并且我如今在肉身活著，是因信神的儿子而活；
他是爱我，为我舍己。

I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the
flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Gal 加 2:20

耶稣从**死**里复活，**使**我们有**能力**可以活出充满着

爱, 喜乐与和平, 得胜 的生命

The resurrection of our Lord makes it possible for us to live a victorious life of love, joy and peace.

你们既然 **接受了主基督耶稣**，
就当遵他而行 (死)

As you therefore have received Christ Jesus the Lord, so walk in Him.

Col 西 2:6

正如我们得救是因着我们的信，
我们也需要借着信心来过我们的生命。当我们拥抱耶稣复活的生命时，我们就有信心在我们自己的生命。

Just as we were saved by faith so we must live our lives by faith. This life of faith is realized as we embrace the resurrected life.

为什么 **得胜的生命** 是 **可能的**?

Why It is Possible?

在复活之前，必须先（经历）死亡。

Before any resurrection can occur, there must first be a death.

你们 **死在过犯罪恶** 之中，**他叫你们活过来。**

And you He made alive, who were dead in trespasses and sins.

Eph 弗 2:1

然而，神既有丰富的怜悯，因他爱我们的大爱，
当我们死在过犯中的时候，便叫我们 **与基督一同活过来。**

（你们得救是本乎恩。）

他又叫我们 **与基督耶稣一同复活，一同坐在天上，**

But God, who is rich in mercy, because of His great love with which He loved us, even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), and raised us up together, and made us sit together in the heavenly places in Christ Jesus.

Eph 弗 2:4-6

... 我来了，是要叫羊（或作：人）**得生命**，并且得的**更丰盛**。

... I have come that they may have life, and that they may have *it* more abundantly.

Joh 约 10:10b

并知道他**向我们这信的人所显的能力是何等浩大**，就是照他**在基督身上所运行**的大能大力，使他**从死里复活**，叫他**在天上坐在自己的右边**，**远超过一切**执政的、掌权的、有能的、主治的，和一切有名的；**不但是今世的，连来世的也都超过了**。又将万有服在他的脚下，使他为教会作万有之首。教会是他的身体，是那充满万有者所充满的。

and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come. And He put all things under His feet, and gave Him to be head over all things to the church, which is His body, the fullness of Him who fills all in all.

Eph 弗 1:19-23

因我们并非**不是与属血气的争战**（原文作摔跤；下同），乃是与那些执政的、掌权的、管辖这幽暗世界的，以及天空属灵气的恶魔争战。

For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

Eph 弗 6:12

小子们哪，**你们是属神的，并且胜了他们**；因为那在你们里面的，比那在世界上的更大。

You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.

1 Joh 约一 4:4b

所以，我们藉著洗礼归入死，和他一同埋葬，原是叫我们一举一动有新生的样式，**像基督藉著父的荣耀从死里复活一样**。我们若在他**死的形状上与他联合**，也要在他**复活的形状上与他联合**；因为知道我们的旧人和他同钉十字架，**使罪身灭绝**，叫我们不再作罪的奴仆；

Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life. For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection, knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.

Rom 罗 6:4-6

我说，**你们当顺著圣灵而行**，就不放纵肉体的情欲了。因为情欲和圣灵相争，圣灵和情欲相争，这两个是彼此相敌，使你们不能做所愿意做的。**但你们若被圣灵引导，就不在律法以下**。情欲的事都是显而易见的，就如奸淫、污秽、邪荡、拜偶像、邪术、仇恨、争竞、忌恨、恼怒、结党、分争、异端、嫉妒（有古卷加：凶杀二字）、醉酒、荒宴等类。我从前告诉你们，现在又告诉你们，行这样事的人必不能承受神的国。**圣灵所结的果子**，就是仁爱、喜乐、和平、忍耐、恩慈、良善、信实、温柔、节制。这样的事没有律法禁止。**凡属基督耶稣的人，是已经把肉体连肉体的邪情私欲同钉在十字架上了**。

I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. But if you are led by the Spirit, you are not under the law. Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. And those *who are* Christ's have crucified the flesh with its passions and desires.

你们要 靠主常常喜乐。我再说， 你们要喜乐。
当叫众人知道你们谦让的心。主已经近了。
应当一无挂虑，只要 凡事 藉著
祷告、祈求， 和感谢，
将你们所要的告诉神。神所赐、出人意外的平安必在
基督耶稣里保守你们的心怀意念。

Rejoice in the Lord always. Again I will say, rejoice! Let your gentleness be known to all men. The Lord is at hand. Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Php 腓 4:4-7

怎样来得着 (这大能) 的生命?

How It is Possible?

我们需要借着**我们的信心**
来活出有**复活大能的生命**

The resurrected life is accessed by faith.

“行”这个词，是指我们的生命/生活方式 (行事为人) *The term “walk” is ones life/lifestyle*

我为主被囚的劝你们：既然蒙召，**行事为人就当与蒙召的恩相称。**

凡事谦虚、温柔、忍耐，用爱心互相宽容，
用和平彼此联络，竭力保守圣灵所赐合而为一的心。

I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace.

Eph 弗 4:1-3

怎样来 **得着 (这大能) 的生命?**

How It is Possible?

信心 是天国的钥匙，
它 **释放神的大能** 和供应在我们的生命中。

FAITH is a key to the Kingdom of God. It unlocks the power and provision of God in our lives.

当我们 **凭着信心**，每天将我们的生命的主权交给圣灵，
让他来带领 我们，我们就得着这复活的生命。

The resurrected life is manifested in our lives when we by faith yield the control of our lives to the Holy Spirit daily.

不要醉酒，酒能使人放荡；乃 **要被圣灵充满**。
当用诗章、颂词、灵歌、彼此对说，口唱心和的赞美主。
凡事要奉我们主耶稣基督的名常常感谢父神。
又当存敬畏基督的心，彼此顺服。

And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord, giving thanks always for all things to God the Father in the name of our Lord Jesus Christ, submitting to one another in the fear of God.

Eph 弗 5:18-21

圣灵所结的果子，就是 **仁爱、喜乐、和平、忍耐、恩慈、良善、信实、温柔、节制**。这样的事没有律法禁止。

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.
Against such there is no law.

Gal 加 5:22-23

「我是真葡萄树，我父是栽培的人。

凡属我不结果子的枝子，他就剪去；凡结果子的，他就修理乾淨，使枝子结果子更多。现在你们因我讲给你们们的道，已经乾淨了。

你们要常在我里面，我也常在你们里面。枝子若不常在葡萄树上，自己就不能结果子；你们若不常在我里面，也是这样。

我是葡萄树，你们是枝子。常在我里面的，我也常在他里面，这人就多结果子；因为离了我，你们就不能做什么。

人若不常在我里面，就像枝子丢在外面枯乾，人拾起来，扔在火里烧了。

你们若常在我里面，我的话也常在你们里面，凡你们所愿意的，祈求，就给你们成就。你们多结果子，我父就因此得荣耀，你们也就是我的门徒了。

我爱你们，正如父爱我一样；你们要常在我的爱里。

你们若遵守我的命令，就常在我的爱里，正如我遵守了我父的命令，常在他的爱里。

「这些事我已经对你们说了，是要叫我的喜乐存在你们心里，并叫你们的喜乐可以满足。

Joh 约 15:1-11



当用各样的智慧，

把基督的道理丰丰富富的存在心里，

(或作：当把基督的道理丰丰富富的存在心里，以各样的智慧)，
用诗章、颂词、灵歌，彼此教导，
互相劝戒，心被恩感，歌颂神。

Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

Col 西 3:16

我们要来 **接受挑战** *The Challenge*

**不要尝试 在你的生命中来成就
只有圣灵 才能成就的。**

*Stop trying to produce in your life what only
the Holy Spirit can produce.*



**操练 每天顺服在圣灵 的带领下
胜过 我们 日常问题。**

我们 才能胜过 人生中更大的挑战。

*Practice yielding to the Holy Spirit in the everyday challenges of life so that you may soar
through the bigger challenges.*

我们要来 **接受挑战** *The Challenge*

简单的来说 *Simply:*

1. **承认** 我们一切在思想上，态度上和行为上的罪。

CONFESS any known sin in thought, attitude, or action;

2. **领受** 神的赦免

RECEIVE God's forgiveness (1 John 1:9);

3. **让圣灵** 在我们生命掌权, (想象) 圣灵牵着我们的手来带领我们度过每一天

ASK THE HOLY SPIRIT to take control. (Imagine yourself) Putting your hand in His hand and allowing Him to walk you through your day.

4. **默想** 神的话 **确信** 神的大能大爱和信实在我们生命中的完全掌权，眷顾与保守

MEDITATE on the Word of God to **ASSURE** yourself that God is in control and "has your back." You can allow Him control because He is trustworthy.

5. **站立** 在神的话语上 **宣告** 他所赐给我们的得胜

(Use your own words to) **AGREE WITH THE WORD AND DECLARE YOUR VICTORY** throughout the day and

6. **靠主** 常常喜乐

"REJOICE IN THE LORD ALWAYS!"