

神的全副军装

Armor of God

3

真理

束腰
当带子
Belt of Truth

神的全副军装 *Armor of God*

我还有未了的话：

你们要靠著主，倚赖他的大能大力作刚强的人。

要穿戴神所赐的全副军装，

就能抵挡魔鬼的诡计。

因我们并不是与属血气的争战（原文作摔跤；下同），乃是与那些执政的、掌权的、管辖这幽暗世界的，以及天空属灵气的恶魔争战。

Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

Eph 弗 6:10-13



所以，要拿起神所赐的全副军装，
好在磨难的日子抵挡仇敌，

并且成就了一切，还能站立得住。

所以要站稳了，**用真理当作带子束腰，**

用公义当作护心镜遮胸，又用平安的福音当作预备走路的鞋穿在脚上。此外，又拿著信德当作藤牌，可以灭尽那恶者一切的火箭；并

戴上救恩的头盔，拿著圣灵的宝剑，就是神的道；

靠著圣灵，随时多方祷告祈求；并要在此警醒不倦，为众圣徒祈求，

Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; above all, taking the shield of faith with which you will be able to quench all the

fiery darts of the wicked one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God;

praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—

耶和华我的磐石是应当称颂的！

他教导我的手争战，
教导我的指头打仗。

Blessed *be* the LORD my Rock,
Who trains my hands for war, And my fingers for battle

Psa 诗 144:1

神的全副军装

Armor of God



救恩的头盔

公义的护心镜

真理的束腰带

圣灵的宝剑

信心的盾牌

平安的福音鞋

每天穿上 *Put on daily*

1. **真理** *Truth*
2. **公义** *Righteousness*
3. **平安** *Peace*
4. **救恩的盼望** *Hope of Salvation*
5. **信心** *Faith*
6. **顺服于神的道和圣灵**
Obedience to the Word & Spirit

大能者啊，
愿你腰间佩刀，
大有荣耀和威严！

为真理、谦卑、公义赫然坐车前往，

无不得胜；你的右手
必显明可畏的事。

Gird Your sword upon Your thigh, O Mighty One, With Your glory and Your majesty.
And in Your majesty ride prosperously because of truth, humility, and righteousness;
And Your right hand shall teach You awesome things.

Psa 诗 45:3-4



你有大能的膀臂；你的手有力，你的右手也高举。

**公义和公平是你宝座的根基；
慈爱和诚实行在你前面。**

知道向你欢呼的，那民是有福的！
耶和华啊，他们在你脸上的光里行走。

You have a mighty arm; Strong is Your hand, and high is Your right hand. Righteousness and justice are the foundation of Your throne; Mercy and truth go before Your face. Blessed are the people who know the joyful sound! They walk, O LORD, in the light of Your countenance.

Psa 诗 89:13-15

**必有宝座因慈爱坚立；
必有一位诚诚实实坐在其上，
在大卫帐幕中施行审判，
寻求公平，速行公义。**

In mercy the throne will be established; And One will sit on it in truth, in the tabernacle of David, Judging and seeking justice and hastening righteousness."

Isa 赛 16:5

耶稣对信他的犹太人说：
「你们若常常遵守我的道，就真是我的门徒；
**你们必晓得真理，
真理必叫你们得以自由。」**

Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free."

Jam 雅 1:16-18

**“并且成就了一切,还能站立得住”就像有人说的那样:
“如果你不坚持真理,你就会失败”。**

“Therefore Having Done All STAND” As someone has rightly said,
“If you don't stand for the truth, you'll fall for anything”.

彼拉多就对他说:「这样,你是王吗?」
耶稣回答说:「你说我是王。我为此而生,

也为此来到世间, 特为给真理作见证。

凡属真理的人就听我的话。」彼拉多说 **「真理是什麽呢?」**
说了这话,又出来到犹太人那里,
对他们说:「我查不出他有什麽罪来。」

Pilate therefore said to Him, "Are You a king then?" Jesus answered, "You say rightly that I am a king. For this cause I was born, and for this cause I have come into the world, that I should bear witness to the truth. Everyone who is of the truth hears My voice." Pilate said to Him, "What is truth?" And when he had said this, he went out again to the Jews, and said to them, "I find no fault in Him at all.

Joh 约 18:37-38

A. 耶稣是真理 *Jesus Is The Truth*

耶稣 说「我就是道路、真理、生命；
若不藉著我，没有人能到父那里去。」

Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me.

Joh 约 14:6

道成了肉身，住在我们中间，充充满满的 **有恩典有真理**。

我们也见过他的荣光，正是父独生子的荣光。

And the Word became flesh and dwelt among us, and we beheld His glory,
the glory as of the only begotten of the Father, full of grace and truth.

Joh 约 1:14

耶稣对他说：「腓力，我与你们同在这样长久，你还不认识我吗？
人看见了我，就是看见了父；你怎麽说『将父显给我们看』呢？」

Jesus said to him, "Have I been with you so long, and yet you have not known Me, Philip?
He who has seen Me has seen the Father; so how can you say, 'Show us the Father'?"

Joh 约 14:9

B. 神的话语是真理 *God's Word Is Truth*

求你 用真理使他们成圣；

你的道就是真理。

Sanctify them by Your truth. Your word is truth.

Joh 约 17:17



C. 圣灵是“真理的灵”

The Holy Spirit Is The 'Spirit of truth'



就是 **真理的圣灵**，
乃世人不能接受的；因为不见他，
也不认识他。你们却认识他，
因他常与你们同在，也要在你们里面。

the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you.

Joh 约 14:17

只等 **真理的圣灵** 来了，

他要 **引导你们明白**（原文作进入）**一切的真理**；

因为他不是凭自己说的，乃是把他所听见的都说出来，并要把将来的事告诉你们。

However, when He, the Spirit of truth, has come, He will guide you into all truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come.

Joh 约 16:13

并且有圣灵作见证，因为 **圣灵就是真理**。

... And it is the Spirit who bears witness, because the Spirit is truth.

1 Joh 约一 5:6b

真理和欺谎 不能同时存在

Truth and Deception Cannot Coexist

Truth

Deception

你们是出於你们的父魔鬼，你们父的私欲你们偏要行。

他从起初是杀人的，**不守真理，因他心里没有真理。**

他说谎是出於自己；因他本来是说谎的，也是说谎之人的父。

Joh 约 8:44

You are of your father the devil, and the desires of your father you want to do. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he speaks a lie, he speaks from his own resources, for he is a liar and the father of it.

撒旦是邪恶、欺骗和痛苦的化身；

他借着 **谎言** 使人们远离神。

Satan is the embodiment of evil, deception, and misery;
and he trades in untruth in his attempts to lead people away from God.

不信服的人选择阻挡真理

Unbelievers Choose To Suppress The Truth

罗马书第一章告诉我们，
不信的人知道 神的存在和能力，
但 **他们选择阻挡真理** (罗 Rom 1:18)

Romans chapter one tells us that UNBELIEVERS KNOW the reality concerning God's existence and power, BUT they CHOOSE TO SUPPRESS THE TRUTH (Rom 1:18)

原来，神的忿怒从天上显明在一切不虔不义的人身上，
就是那些行不义 **阻挡真理的人**。

For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who suppress the truth in unrighteousness,

Rom 罗 1:18

不信服的人把谎言当作真理

Unbelievers Exchange The Truth For Lies

他们 **将神的真实变为虚谎，去敬拜事奉受造之物，不敬奉那造物的主；主乃是可称颂的，直到永远。阿们！**

who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever. Amen.

Rom 罗 1:25

惟有结党、**不顺从真理、反顺从不义的，就以忿怒、恼恨报应他们。**

Rom 罗 2:8

but to those who are self-seeking and do not obey the truth, but obey unrighteousness—indignation and wrath, (Rom 罗 2:8; 2 The 帖后 2:12; 1 Tim 提前 6:5; 2 Tim 提后 3:7; 4:4)

有趣的是，在圣经里“真理”和“不义”是对立的。

一个人若拒绝神的真理，就不可能成为公义。

interesting that the Bible here presents 'truth' and 'unrighteousness' as opposites.

ONE CANNOT be RIGHTEOUS while REJECTING GOD'S TRUTH.

圣经如何形容不信服的人的光景

What does Bible say about unbelievers

使一切不信真理、倒喜爱不义的人都被定罪。

that they all may be condemned who did not believe the truth but had pleasure in unrighteousness.

并那坏了心术、失丧真理之人的争竞。

2Tim 帖后 2:12

他们以敬虔为得利的门路。

useless wranglings of men of corrupt minds and destitute of the truth, who suppose that godliness is a means of gain. From such withdraw yourself.

1Tim 提前 6:5

常常学习，终久不能明白真道。

always learning and never able to come to the knowledge of the truth.

2Tim 提后 3:7

并且掩耳不听真道，偏向荒渺的言语。

and they will turn their ears away from the truth, and be turned aside to fables.

2Tim 提后 4:4

圣经清楚地表明，如果我们的行为与我们的言行不一致，我们就不是他的追随者。我们可能知道真理，却没有活出真理。

The Bible makes it clear that if our actions do not line up with our words, we are not His followers. We may know the truth, but we are not living the truth:

1. 我们若说我们是基督徒，但我们却继续行在罪中。

If we say we are Christians, but willfully and wantonly continue in sin

我们若说是与神相交，却仍在黑暗里行，就是说谎话，不行真理了。

If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth.

1Joh 约一 1:6

2. 我们若说自己无罪，不需要基督的死来洁净我们。

If we claim we are sinless and say we do not need Christ's sacrifice to cleanse us

我们若说自己无罪，便是自欺，真理不在我们心里了。

If we say that we have no sin, we deceive ourselves, and the truth is not in us.

1Joh 约一 1:8

3. 若我们说我们是基督徒，却不遵守他的命令。

If we say that we are Christians, but live in disobedience to Him

人若说我认识他，却不遵守他的诫命，便是说谎话的，真理也不在他心里了。

He who says, "I know Him," and does not keep His commandments, is a liar, and the truth is not in him.

1Joh 约一 2:4

我写信给你们，不是因你们不知道真理，正是因你们知道，
并且知道 **没有虚谎是从真理出来的。**

I have not written to you because you do not know the truth,
but because you know it, and that no lie is of the truth.

1Joh 约一 2:21

我们是属神的，认识神的就听从我们；

不属神的就不听从我们。

从此我们可以认出真理的灵和谬妄的灵来。

We are of God. He who knows God hears us; he who is not of God does not hear us.
By this we know the spirit of truth and the spirit of error.

1Joh 约一 4:6

圣经中包含着 **救赎和引导 我们生活的真理**

The Scripture contains truth that saves and guides our lives

我们如何对待真理 *What do we do with truth?*

一个真正的基督徒应该 A true Christian:

爱 真理 *Loves* the truth (1 Joh 约一 3:18)

说 真理 *Speaks* the truth (Eph 弗 4:15; 25)

在真理中 **行事** *Walks* in the truth (2 Joh 约二 1:4; 3 Joh 约三 1:3-4)

为了真理 **成为同工** *Works* for the truth (3 Joh 约三 1:8)

基督徒的生活应该以对真理的爱为特征。

A Christian's life should be CHARACTERIZED by a LOVE FOR THE TRUTH.

那些沉沦的人,因为“…不领受爱真理的心, 使他们得救。 (2The 帖后 2:10)

Those who are lost, are lost because, "...they refused to love the truth and so be saved"

并且在那沉沦的人身上行各样出於不义的诡诈; 因他们不领受爱真理的心, 使他们得救。 **2The 帖后 2:10**

and with all unrighteous deception among those who perish, because they did not receive the love of the truth, that they might be saved.

圣经也告诉我们，教会的责任是：

The Bible also tells us that it is the responsibility of THE CHURCH to:

1. 保守真理 GUARD the TRUTH

倘若我耽延日久，你也可以知道在神的家中当怎样行。

这家就是永生神的教会，真理的柱石和根基。

but if I am delayed, I write so that you may know how you ought to conduct yourself in the house of God, which is the church of the living God, the pillar and ground of the truth.

1Tim 提前 3:15

2. 学习真理所说的 LEARN what it says

3. 塑造我们的生命来符合真理的教导 MOLD ourselves after its teachings

你当竭力在神面前得蒙喜悦，作无愧的工人，按著正意分解真理的道。

Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth

2Tim 提后 2:15

我们不止要 Not only are we to

1. 拥抱 使我们 自由的真理 EMBRACE the Truth that sets us free

也要 but we are to

2. 诚实, 坦诚 地 对待他人 TREAT OTHERS TRUTHFULLY and HONESTLY

存著无亏的良心, 叫你们在何事上被毁谤, 就在何事上可以叫那诬赖你们在基督里有好品行的人自觉羞愧。
having a good conscience, that when they defame you as evildoers, those who revile your good conduct in Christ may be ashamed.

1Pet 彼前 3:16

基督徒 应当代表神; 因此, 我们必须 是那真诚的一群。

Believers represent Christ; therefore, they must be characterized by truthfulness.

结论 *Conclusion*

1. 在圣经时代，

束腰带 是所有其他所有盔甲的基础。

In biblical times, the belt in someone's armor functioned as the FOUNDATION FOR ALL the OTHER PIECES of the armor.

2. 束腰带是古代士兵的盔甲的基础，

就像真理是我们

属灵全副军装的基础一样。

The BELT PERFORMED a FOUNDATIONAL DUTY in the ancient soldier's armor, much as TRUTH PERFORMS a FOUNDATIONAL DUTY in our spiritual armor.



无论我们生活中的遭遇如何，
神话语是坚固的磐石和根基。

THE ROCK SOLID FOUNDATION OF GOD'S WORD regardless what's confronts us in our lives.

1. 神的话包含了使我们 **得救的福音**

The Word contains the GOSPEL by which we are saved

2. 神的话包含了 **我们生活的准则**

The Word contains GUIDELINES by which we are to live

3. 神的话包含了神 **对信徒的应许，**

借着这些应许，他保守那些向他忠心的人

The Word contains God's PROMISES to His followers through which He guarantees certain things to faithful believers.

当其他的哲学都反对神的话语时，我们可以得到安慰，
因为神已经借着圣经，将他的真理赐给我们。

When other philosophies come against the Word of God,
we can take comfort in the fact that God has given us His Truth within the pages of the Bible.

1. 我们 越了解 圣经，
我们就能 越好地 分辨真理和虚假的道理。

The BETTER we KNOW the CONTENT of the Bible,
the BETTER EQUIPPED we will be TO DISTINGUISH TRUTH from FALSEHOOD.

2. 我们 若清楚明白 圣经中的真理，
我们就能够 坚定地 将我们基督徒的
生命建立在坚固的磐石上。

Having a SOLID GRASP of the TRUTH contained within the Bible ENABLES US to CONFIDENTLY
HANG THE OTHER elements of our Christian faith ON a SOLID FOUNDATION.