

“ESSENTIALS OF
A BLESSED LIFE”

“蒙福的生命” 的要素





耶和華所賜的福使人富足 BLESSING OF THE LORD THAT BRINGS RICHES

耶和華 所 賜 的福使人富足，
并不加上忧虑。

The blessing of the LORD makes *one* rich, And He adds no sorrow with it.

PRO 箴 10: 22

万军之耶和華啊，
倚靠你的人便为有福！

O LORD of hosts, Blessed *is* the man who trusts in You!

PSA 诗 84: 12



[蒙福生命]的异象:

我们的 **儿子** 从幼年好像树栽子长大;

我们的 **女儿** 如同殿角石, 是按建宫的样式凿成的。

我们的 **仓** 盈满, 能出各样的粮食; 我们的 **羊** 在田间孳生千万。

我们的 **牛** 驮著满驮, **没有** 人闯进来 **抢夺**,
也 **没有** 人出去 **争战**; 我们的街市上也 **没有哭号** 的声音。

遇见这光景的百姓便为有福!

有耶和華為他們的神,
這百姓便為有福!



That our sons *may be* as plants grown up in their youth; *That* our daughters *may be* as pillars, Sculptured in palace style; *That* our barns *may be* full, Supplying all kinds of produce; *That* our sheep may bring forth thousands And ten thousands in our fields; *That* our oxen *may be* well laden; *That there be* no breaking in or going out; *That there be* no outcry in our streets. Happy *are* the people who are in such a state; Happy *are* the people whose God *is* the LORD!

PSA 诗 144: 12-15

应
许

蒙福生命的元素 *Ingredients*

1. 异象与对齐 VISION & ALIGNMENT

2. 智慧、聪明和分辨
WISDOM, UNDERSTANDING & DISCERNMENT

3. 分辨与勤奋，殷勤
DISCERNMENT & DILIGENCE

4. 信心 FAITH

5. 恩宠 FAVOR



蒙福生命的元素 *Ingredients*

1. 异象与对齐 VISION & ALIGNMENT

没有**异象**（或作：默示），民就放肆；

惟“遵守”律法的，便为有福。

Where there is no revelation, the people cast off restraint;
But happy is he who keeps the law.

PRO 箴 29: 18

(大卫上行之诗。)

看哪，弟兄和睦同居是何等的善，何等的美！这好比

那贵重的油浇在亚伦的头上，
流到胡须，又流到他的衣襟；
又好比黑门的甘露降在锡安山；因为在那里
有耶和华所命定的福，
就是永远的生命。

A Song of Ascents. Of David. Behold, how good and how pleasant it is For brethren to dwell together in unity!
It is like the precious oil upon the head, Running down on the beard, The beard of Aaron, Running down on the edge of his
garments It is like the dew of Hermon, Descending upon the mountains of Zion;
For there the LORD commanded the blessing— Life forevermore.

PSA 诗 133: 1-3

2. 智慧、聪明和分辨

WISDOM, UNDERSTANDING & DISCERNMENT

智慧为首；所以，要得智慧。

在你一切所得之内必得聪明（或作：用你一切所得的去换聪明）。

高举智慧，他就使你高升；怀抱智慧，他就使你尊荣。

他必将华冠加在你头上，把荣冕交给你。我儿，你要听受我的言语，就必延年益寿。

我已指教你走智慧的道，引导你行正直的路。

你行走，脚步必不至狭窄；你奔跑，也不至跌倒。

要持定训诲，不可放松；

必当谨守，因为他是你的生命。

Wisdom is the principal thing; Therefore get wisdom. And in all your getting, get understanding. (8) Exalt her, and she will promote you; She will bring you honor, when you embrace her. (9) She will place on your head an ornament of grace; A crown of glory she will deliver to you." (10) Hear, my son, and receive my sayings, And the years of your life will be many. (11) I have taught you in the way of wisdom; I have led you in right paths. (12) When you walk, your steps will not be hindered, And when you run, you will not stumble. (13) Take firm hold of instruction, do not let go; Keep her, for she is your life.

PRO 箴 4: 7-13

义人的舌乃似高银；恶人的心所值无几。

义人的口教养多人；愚昧人因无知而死亡。

耶和華所賜的福使人富足，并不加上忧虑。

The tongue of the righteous is choice silver; The heart of the wicked is worth little. The lips of the righteous feed many, But fools die for lack of wisdom. The blessing of the LORD makes *one* rich, And He adds no sorrow with it.

PRO 箴 10: 20-22

所以我用比喻对他们讲，
是因他们看也看不见，听也听不见，也不明白。

在他们身上，正应了以赛亚的预言，
说：你们听是要听见，却不明白；看是要看见，却不晓得；
因为这百姓油蒙了心，耳朵发沉，眼睛闭著，恐怕眼睛看见，
耳朵听见，心里明白，回转过来，我就医治他们。

「但你们的眼睛是有福的，因为看见了；
你们的耳朵也是有福的，因为听见了。」

Therefore I speak to them in parables, because seeing they do not see, and hearing they do not hear, nor do they understand. And in them the prophecy of Isaiah is fulfilled, which says: 'HEARING YOU WILL HEAR AND SHALL NOT UNDERSTAND, AND SEEING YOU WILL SEE AND NOT PERCEIVE; FOR THE HEARTS OF THIS PEOPLE HAVE GROWN DULL. THEIR EARS ARE HARD OF HEARING, AND THEIR EYES THEY HAVE CLOSED, LEST THEY SHOULD SEE WITH THEIR EYES AND HEAR WITH THEIR EARS, LEST THEY SHOULD UNDERSTAND WITH THEIR HEARTS AND TURN, SO THAT I SHOULD HEAL THEM.' But blessed are your eyes for they see, and your ears for they hear;

Mat 太 13: 13-16

缺乏 分辨能力 的生命

不对齐神心意的
生命

错误的
决定和选择



3. 分辨与勤奋，殷勤

DISCERNMENT & DILIGENCE

懒惰人的道像荆棘的篱笆；

正直人的路是平坦的大道。

The way of the lazy *man* is like a hedge of thorns,
But the way of the upright *is* a highway.

PRO 箴 15: 19

无知的人 以愚妄为乐；

聪明的人按正直而行。

Folly is joy to him who is destitute of **DISCERNMENT**,
But a man of understanding walks uprightly. PRO 箴 15: 21

4. 信心 FAITH

人非有 信，就不能得神的喜悦；
因为到神面前来的人必须 信有神，
且 信他 赏赐那寻求他的人。

But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.

Heb 希 11: 6

这就应验经上所说：

「亚伯拉罕 **信** 神，这 **就算** 为他的 **义**。」

他又得称为神的朋友。这样看来，

人称义是因著行为，不是单因著信。

And the Scripture was fulfilled which says, "ABRAHAM BELIEVED GOD, AND IT WAS ACCOUNTED TO HIM FOR RIGHTEOUSNESS." And he was called the friend of God. You see then that a man is justified by works, and not by faith only.

JAS 雅 2: 23-24

5. 恩宠 FAVOR

人所行的，若蒙耶和華喜悅，

耶和華也 使他的仇敌与他和好。

When a man's ways please the LORD, He makes even his enemies to be at peace with him.

PRO 箴 16: 7

耶穌的智慧和身量（或作：年紀），

并神和人喜愛他的心，都一齊增長。

And Jesus increased in wisdom and stature, and in favor with God and men.

LUK 路 2: 52

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因为寻得我的，就寻得生命，
也必蒙耶和华的恩惠。

For whoever finds me finds life, And obtains favor from the LORD;

PRO 箴 8: 35

得著贤妻的，是得著好处，
也是蒙了耶和华的恩惠。

He who finds a wife finds a good thing, And obtains favor from the LORD.

PRO 箴 18: 22

善人必蒙耶和华的恩惠；
设诡计的人，耶和华必定他的罪。

A good man obtains favor from the LORD, But a man of wicked intentions He will condemn. PRO

箴 12: 2

**又说：「创造天地的耶和华以色列的神是应当称颂的！
他赐给大卫王一个有智慧的儿子，使他有谋略聪明，
可以为耶和华建造殿宇，又为自己的国建造宫室。」**

Hiram also said: Blessed be the LORD God of Israel, who made heaven and earth, for He has given King David a wise son, endowed with prudence and understanding, who will build a temple for the LORD and a royal house for himself!

2 Chr 代下 2: 12

万军之耶和华(Power) 啊，你的居所何等可爱！

我羡慕渴想耶和华的院宇；我的心肠，我的肉体向永生神(Provision) 呼吁。

万军之耶和华 我的王，我的神(PRE-EMINENCE) 啊，在你祭坛那里，

麻雀为自己找著房屋，燕子为自己找著雏之窝。

如此住在你殿中的便为有福！他们仍要赞美你。

靠你有力量、心中想往锡安大道的，这人便为有福！

他们经过「流泪谷」，叫这谷变为泉源之地；并有秋雨之福盖满了全谷。

他们行走，力上加力，各人到锡安朝见神。

耶和华万军之神 啊，求你听我的祷告！雅各的神(Purpose) 啊，求你留心听！

神啊，你是我们的盾牌(Protection)；求你垂顾观看你受膏者的面！

在你的院宇住一日，胜似在别处住千日；

宁可在我神殿中看门，不愿住在恶人的帐棚里。

因为耶和华 神是日头，是盾牌，要赐下恩惠和荣耀。

他未尝留下一样好处不给那些行动正直的人。

万军之耶和华 啊，倚靠你的人便为有福！

PSA 诗 84: 1-12

论到锡安，必说：

这一个、那一个都生在其中，而且至高者必亲自坚立这城。

PSA 诗 87: 5

他们必访问锡安，又面向这里，

说：『来吧，你们要与耶和華联合为永远不忘的约。』

Jer 耶 50: 5

耶稣回答说：「我实实在在的告诉你，人若不重生，就不能见神的国。」

Joh 约 3: 3

你们却要在我们主救主耶稣基督的恩典和知识上有长进。

愿荣耀归给他，从今直到永远。阿们！

2Pt 彼后 3: 18

他们行走，力上加力，各人到锡安朝见神。

PSA 诗 84: 7

这是一种神赐的幸福处方。

HERE is a divinely inspired prescription for happiness.

这个药方有五种成分。

There are five ingredients in this prescription.

1. 必须承认 上帝的真实

There must be RECOGNITION OF GOD

在这篇赞美诗中，提到了上帝的五个称谓：

Psalms 14:1, "the fool" really says is "...no God for me!"

In this one psalm GOD is addressed by five names:

在这篇赞美诗中，提到了上帝的五个称谓：

Psalms 14:1, "the fool" really says is "...no God for me!"

In this one psalm GOD is addressed by five names:

1. 他是“万军之耶和华” He is "the Lord Almighty" (Psa 诗 84:1,3,8,12)。

参考诗篇24:10;46:11和玛拉基书3:17。 Compare Psalms 24:10; 46:11 and Malachi 3:17.

这个标题希伯来语是“万军之耶和华”，告诉我们他的大能。

This title Hebrew is "Jehovah Sabaoth", tells us of His great **POWER**.

2. 他是“永生神” He is "the living God" (Psa 诗 84:2)。

神不是今天像许多人所崇拜的“死的神”。

God is not dead like many today are worshipping a "dead" God,

提摩太前书6:17 耶和华的名告诉我们他是我们的供应者。 1 Timothy 6:17 this title for the

Lord tells us of His **PROVISION**.

3. 他是“我的王,我的神” He is “my King and my God” (Psa 诗 84: 3)

诗篇作者承认他是万王之王。以赛亚6:5;腓立比书2:9;歌罗西书1:18, 这些经文告诉我们他的名超越一切的名。 The psalmist recognised Him as King of kings. Isaiah 6:5; Philippians 2:9; Colossians 1:18, these verses tell us of His **PRE-EMINENCE**.

4. 他是“雅各的神” He is “the God of Jacob” (Psa 诗 84: 8)

不只是亚伯拉罕的神,摩西和以利亚的神,也是 雅各的神原本的“排挤者”成为了“王子”(创世纪32:28(新译本))!主的这一标题告诉我们他的旨意,因为这是他对我们每个人的心意,我们当脱去我们的老我,称为“得胜有余”(罗马书8:37)。Not the God of Abraham, Moses or Elijah, but Jacob, the “supplanter” who became “a prince with God” (Genesis 32:28 [KJV])! This title for the Lord tells us of His **PURPOSE**, for it is His will for each one of us that the Jacob self-life should go and that we should be “more than conquerors” (Romans 8:37).

5. 他是“上帝我们的盾牌” He is “God our shield” (Psa 诗 84:9,11)

当然,在这里,我们有一个标题 神提醒我们他在保护我们。Here, of course, we have a title for God which reminds us of His **PROTECTION**.

**承认上帝是全能的, 仁慈的, 超乎万名的,
他的目的是转化我们, 保护我们, 为他自己的名得荣耀。**

Recognise God as the all-powerful, graciously-providing,
pre-eminent One whose purpose it is to transform us and protect us for His glory.

2. 一定要来 渴慕神

There must be DESIRE FOR GOD

我 羡慕渴想 耶和华的院宇；

我的心肠，我的肉体向永生神呼吁（或作：欢呼）。

万军之耶和华我的王，我的神啊，在你祭坛那里，

麻雀为自己找著房屋，燕子为自己找著雏之窝。

...他们行走，力上加力，各人到锡安朝见神。

My soul longs, yes, even faints For the courts of the LORD; My heart and my flesh cry out for the living God. [3] Even the sparrow has found a home, And the swallow a nest for herself, Where she may lay her young- Even Your altars, O LORD of hosts, My King and my God. [7] They go from strength to strength; Each one appears before God in Zion.

Psa 诗 84:2-3,7

3. 必须 与神同行

There must be WALKING WITH GOD

他们 经过「流泪谷」，

叫这谷变为泉源之地；并有秋雨之福盖满了全谷。

他们行走，力上加力，各人到锡安朝见神。

As they pass through the Valley of Baca, They make it a spring; The rain also covers it with pools.
They go from strength to strength; Each one appears before God in Zion.

Psa 诗 84:6-7

4. 我们要 向神来祷告

There must be SPEAKING TO GOD

耶和华万军之神啊，
求你 听 我的祷告！

雅各的神啊，求你留心听！（细拉）神啊，
你是我们的盾牌；求你垂顾观看你受膏者的面！

○ LORD God of hosts, hear my prayer; Give ear, O God of Jacob! Selah
○ God, behold our shield, And look upon the face of Your anointed.

Psa 诗 84:8-9

5. 必须要来 倚靠神

There must be TRUST IN GOD

因为耶和华神是日头，是盾牌，
要赐下恩惠和荣耀。

他未尝留下一样好处不给那些行动正直的人。

万军之耶和华啊，倚靠 你的人便为有福！

For the LORD God is a sun and shield; The LORD will give grace and glory; No good thing will He withhold From those who walk uprightly. O LORD of hosts, Blessed is the man who trusts in You!

Psa 诗 84:11-12

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