

从仰望而得

至

盼望！

HOPE 的
THAT COMES FROM

ABOVE!

PSA 诗 121:1-2

我要 **向山举目**。
我的帮助从何而来？

我的 **帮助从** 造天地的 **耶和华** 而来。

*I will lift up my eyes to the hills— From whence comes my help?
My help comes from the LORD, Who made heaven and earth.*

灵魂



HEB 来 6:19-20

我们有这 **指望**，如同灵魂的锚，
又坚固又牢靠，且通入幔内；
做先锋的耶稣既照着麦基洗德的等次
成了永远的大祭司，就为我们进入幔内。

指望

*This hope we have as an anchor of the soul, both sure and steadfast,
and which enters the Presence behind the veil, where the forerunner has entered for us,
even Jesus, having become High Priest forever according to the order of Melchizedek.*

创
始



HEB 来 12:1-2

成 终

的耶稣

我们既有这许多的见证人，如同云彩围着我们，就当放下各样的重担，脱去容易缠累我们的罪，存心忍耐，奔那摆在我们前头的路程，

仰望 为我们信心创始成终的耶稣。

他因那摆在前面的喜乐，就轻看羞辱，忍受了十字架的苦难，便坐在神宝座的右边。

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

盼望的缘由

1PT 彼前 3:14-16

尊主基督为圣

你们就是为义受苦，也是有福的。
不要怕人的威吓，也不要惊慌，只要心里尊主基督为圣。

有人问你们心中盼望的缘由，就要常做准备，
以温柔、敬畏的心回答各人，存着无亏的良心，
叫你们在何事上被毁谤，
就在何事上可以叫那诬赖你们在基督里有好品行的人自觉羞愧。

But even if you should suffer for righteousness' sake, you are blessed.
"And do not be afraid of their threats, nor be troubled." But sanctify the Lord God in your hearts,
and always be ready to give a defense to everyone who asks you a reason for the hope that is in you,
with meekness and fear; having a good conscience, that when they defame you as evildoers,
those who revile your good conduct in Christ may be ashamed.



ROM 罗 8:18-21

我想，现在的苦楚若比起将来要显于我们的荣耀，就不足介意了。

受造之物 **切望** 等候神的众子显出来。

因为受造之物服在虚空之下，
不是自己愿意，乃是因那叫他如此的；
但受造之物仍然指望脱离败坏的辖制，
得享神儿女自由的荣耀。

有了盼望
我们便切望所
盼望的实现！

For I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us. For the earnest expectation of the creation eagerly waits for the revealing of the sons of God. For the creation was subjected to futility, not willingly, but because of Him who subjected it in hope; because the creation itself also will be delivered from the bondage of corruption into the glorious liberty of the children of God.

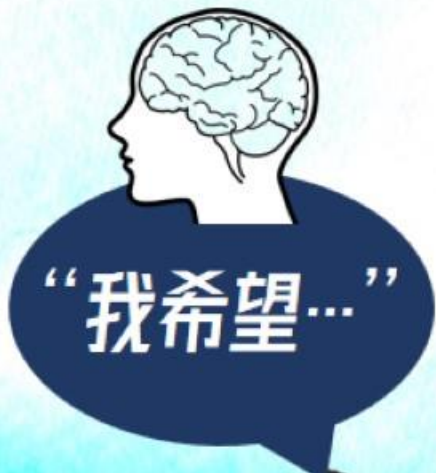
JER 耶 29:11

切望所盼望的
指望实现!

耶和华说：

我知道我向你们所怀的意念是赐平安的意念，
不是降灾祸的意念，要叫你们 未後有 **指望**。

For I know the thoughts that I think toward you, says the LORD,
thoughts of peace and not of evil, to give you a future and a hope.



渴望

展望

希望

望

指望

切望

盼望

仰望



仰望

“仰望”一词出现了多达74次。

仰望，本意是仰望更高更好的那一位，

当

“你的生活在仰望什么？”

我们仰望成功、名利等这个世界上的东西时，里面却有很多忧虑和不安。

但

我们仰望神的时候，里面有一种真实的平安。

我们一起学习仰望神。

1) 眼目要仰望神!

PSA 诗 141:8

主—耶和华啊，我的 **眼目仰望你**；
我投靠你，求你不要将我撇得孤苦！

But my eyes are upon You, O GOD the Lord; In You I take refuge; Do not leave my soul destitute.

仰望神，首先我们的 **眼睛要在神那里**，
遇到困境 或者 被罪辖制的时候，眼睛要去仰望神。
在这个信息大爆炸的时代，**眼目要去望着神 这个非常重要。**

2) 心要仰望神!

PSA 诗 86:4

主啊, 求你使仆人心里欢喜,
因为 **我的心仰望你。**

Rejoice the soul of Your servant, For to You, O Lord, I lift up my soul.

人的心会思想, 会喜乐。心很重要。在中医学说里, 心就像君主一样, 其他所有器官都是为心服务的。我们的心要仰望神。人可以自我反省, 我们要在祷告、读经、赞美中寻求神。

3) 要仰望神的名!

PSA 诗 52:9

我要称谢你，直到永远，因为你行了这事。

我也要在你圣民面前 **仰望你的名**；

这名本为美好。

*I will praise You forever, Because You have done it;
And in the presence of Your saints I will wait on Your name, for it is good.*

4) 仰望神的话语和典章!

PSA 诗 119:43

求你叫 **真理的话** 总 **不离开我口**，
因我 **仰望你的典章**。

*And take not the word of truth utterly out of my mouth,
For I have hoped in Your ordinances.*

5) 仰望神的应许!

ROM 罗 4:20-21

并且 **仰望神的应许**，总没有因不信心里起疑惑，
反倒因信心里得坚固，
将荣耀归给神，
且满心 **相信神所应许的必能做成。**

He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God, and being fully convinced that what He had promised He was also able to perform.

6) 仰望神的救恩!

PSA 诗 119:166

耶和华啊,我**仰望**了你的**救恩**,
遵行了你的命令。

LORD, I hope for Your salvation, And I do Your commandments.

神的救恩 实际上就是**通过耶稣基督** 临到我们的,
耶稣基督降世为人,在**十字架**上代赎了我们,
将我们**从罪恶中的辖制和捆绑**中解救出来。

7) 仰望耶穌基督的救恩和怜悯!

JUD 犹 1:21

保守自己常在神的爱中，
仰望 我们 **主耶穌基督的怜悯**
直到永生。

*keep yourselves in the love of God,
looking for the mercy of our Lord Jesus Christ unto eternal life.*

日) 仰望神有光荣!

PSA 诗 34:5

凡仰望他的，便有光荣；
他们的脸必不蒙羞。

They looked to Him and were radiant, And their faces were not ashamed.

9) 仰望神有喜乐!

PSA 诗 42:5

我的心哪，你为何忧闷？
为何在我里面烦躁？

应当仰望神，因他笑脸帮助我；
我还要称赞他。

*Why are you cast down, O my soul? And why are you disquieted within me?
Hope in God, for I shall yet praise Him For the help of His countenance.*

10) 仰望神他必定应允!

MIC 弥 7:7

至于我,我要**仰望耶和華**,
要等候那救我的神;**我的神必应允我。**

Therefore I will look to the LORD;
I will wait for the God of my salvation; My God will hear me.

10种仰望：

1. 眼目要仰望神！

2. 心要仰望神！

3. 要仰望神的名！

4. 仰望神的话语和典章！

5. 仰望神的应许！

6. 仰望神的救恩！

7. 仰望耶稣基督的救恩和怜悯！

8. 仰望神有光荣！

9. 仰望神有喜乐！

10. 仰望神他必定应允！

盼望的原由:

1. 信有神, 信靠神

2. 仰望耶稣

3. 圣灵爱的浇灌

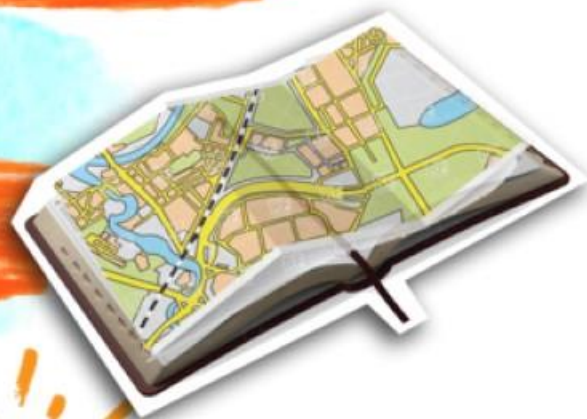
1. 举目仰望

2. 圣灵浇灌

3. 主爱满溢

4. 话语开启

5. 盼望升起



盼望是
从仰望神而来

盼望



希望



希望是从自己心里
所羡慕和欲望而来



我们举目仰望什么？

COL 西 3:1-3

所以，你们若真与基督一同复活，就当求在上面的事；那里有基督坐在神的右边。

你们要思念上面的事，不要思念地上的事。

因为你们已经死了，你们的生命与基督一同藏在神里面。

If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. Set your mind on things above, not on things on the earth. For you died, and your life is hidden with Christ in God.

举目仰望 转移视线 所当思念...

1. 主耶稣 — 定睛仰望创始成终的耶稣 (Heb 来 12:1-2)
2. 耶和华 — 将耶和华常摆在我面前 (Psa 诗 16:8)
3. 祂的话 — 神的话却不能废去 (Psa 诗 16:8, Isa 赛 55:11)
4. 神作为 — 当因神所做的事信祂 (Joh 约 14:11)



仰望耶和华!

EXO 出 34:5-7

耶和华在云中降临，和摩西一同站在那里，宣告耶和华的名。

耶和华在他面前宣告说：“耶和华，耶和华，

是 1) **有怜悯** Merciful 2) **有恩典** Gracious 的神，

3) **不轻易发怒** Longsuffering，

并 4) **有丰盛的慈爱** Goodness 和 5) **诚实** Truth。

为千万人存留慈爱，赦免罪孽、过犯和罪恶；

万不以有罪的为无罪，必追讨他的罪，自父及子，直到三四代。”

Now the LORD descended in the cloud and stood with him there, and proclaimed the name of the LORD. And the LORD passed before him and proclaimed, "The LORD, the LORD God, merciful and gracious, longsuffering, and abounding in goodness and truth, keeping mercy for thousands, forgiving iniquity and transgression and sin, by no means clearing the guilty, visiting the iniquity of the fathers upon the children and the children's children to the third and the fourth generation."

思念神的美德！

PHP 腓 4:8-9

弟兄们，我还有未尽的话，

凡是真实的、可敬的、公义的
清洁的、可爱的、有美名的

若有什么德行，若有什么称赞，这些事你们都要思念。

你们在我身上所学习的、所领受的、所听见的、所看见的，
这些事你们都要去行，赐平安的神就必与你们同在。

*Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.
The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.*

ROM 罗 5:1-5

弟兄我们既 **因信** 称义, 就 **藉著** 我们的主耶稣基督得与神相和。

我们又 **藉著** 他, 因信得进入现在所站的这恩典中,
并且 **欢欢喜喜** 盼望 神的荣耀。

不但如此, 就是在患难中也是欢欢喜喜的;
因为知道患难生忍耐, 忍耐生老练, 老练生盼望;

盼望不至於羞耻,

因为所赐给我们的圣灵将神的爱浇灌在我们心里。

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.

仰望信神
而得
不至羞耻的盼望!

1. 脱离败坏
2. 基督样式
3. 进入命定
4. 丰盛生命

总结 Conclusion:

MAR 可 13:31

天地要废去，我的话却不能废去。

Heaven and earth will pass away, but My words will by no means pass away.

1CO 林前 13:13

如今常存的 有信、有望、有爱 这三样，其中最大的是爱。

And now abide faith, hope, love, these three; but the greatest of these is love.

总结 Conclusion:

所以在2022年,我们更要投入

时间、精力默想 **等候神!**

ISA 赛 40:31

但那 **等候耶和华** 的必从新得力。

他们必如鹰展翅上腾;他们奔跑却不困倦,行走却不疲乏。

*But those who wait on the LORD Shall renew their strength;
They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.*

盼望的原由:

1. 信有神, 信靠神

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3. 圣灵爱的浇灌

1. 举目仰望

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让